

# GROUP X

## FALL 2020 CLASS SCHEDULE

August 31 - December 4

CLASS	TIME	DAY	LOCATION	INSTRUCTOR
<i>Buff Spin</i>	7:00 AM	M / W	Spin Room	Emily MacPherson
	7:00 AM	TR		Kayla Kumar
	12:30 PM	M / W		Trisha Brown
	5:30 PM	M / W		Emily MacPherson
	6:30 PM	TR		Paige Witthar
<i>HIIT</i>	5:00 PM	T / TR	Mirror Room	Sami Thompson
<i>Vinyasa Yoga</i>	8:00 AM	M	Mirror Room	Laura Bixler
	8:00 AM	T		Jennifer Cagle-Gillmore
	12:00 PM	W		Laura Bixler
	5:30 PM	W		Jennifer Cagle-Gillmore

in order to attend a class, make a reservation at [wtrecsports.wtamu.edu](http://wtrecsports.wtamu.edu)

all schedules are subject to change, follow us for updates



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